

SCHOOL NUTRITION PROGRAM

PVPUSD is proud to serve nutritious meals to our students!

The District participates in the National School Lunch Program (NSLP) which aims to provide well-balanced, healthful meals as well as make low-cost or no-cost lunches available to students every day. The NSLP is a federal and state program with specific nutrition requirements that include sodium guidelines and the inclusion of whole grains, fruits, and vegetables.

Interestingly, the NSLP plays another important role: It helps support the nation's agriculture and economy. Through participation in the NSLP and for every student meal served, the district receives funding and access to food grown in the US. These foods range from garbanzo beans to applesauce to fresh produce. Furthermore, all produce sourced for the school nutrition program must be locally grown.

The Food Services department looks forward to sharing more updates about the school nutrition program with you throughout the year. In the meantime, we hope your student enjoys their school lunch!

NUTRITION TIP

The start of every school year is an incredibly busy time. From getting adjusted to new activities to purchasing endless school supplies, there seems to be little time to focus on meal prep. Getting children involved with snack selection is a great start.

Encourage your child to select healthful snacks when grocery shopping and have them assist to pre-portion and pack them for the following day or even for the entire week.

Snack Ideas

Hummus + Cucumber Slices
String Cheese + Plain Popcorn
Nut Butter + Pretzels
Yogurt + Fresh Fruit

MENU FEATURE: CRISPY CHICKEN SANDWICH

Our popular Crispy Chicken Sandwich is made with hormone free, whole chicken breast. The chicken is battered in whole grains and baked right before lunch service. It is served on a whole grain bun and topped with lettuce, tomato and condiments from our salad bar.



MEET THE DIRECTOR

Christina Lin, MS, RD

Years in position: 2.5

Education: BA Economics, UC Irvine
MS Nutritional Science, CSULA
Dietetic Internship (RD): West LA VA Hospital

Fun Fact: I'm a proud graduate of PVPUSD. I went to Silver Spur, PVIS, and Peninsula High (Go Panthers!)

What was your favorite school food? Pizza. Isn't that every student's favorite??

Favorite food now? Still pizza! I love a good quality New York style margherita pizza.

Most looking forward to this year? Getting more students into the cafeteria and spreading awareness of all our efforts to improve quality.

MEAL ACCOUNTS

Add funds to your student's account with an online payment today! Simply visit Titan School Solutions via the Aeries Parent Portal.

Did you know you can also monitor your student's transactions in Titan?